



Parks & Recreation Department

"We work . . . so you can play"

February 10, 2017
NEWS RELEASE:

ZUMBA CLASS

Make working out an exhilarating experience! The Zumba Fitness Program is an International happening which fuses hypnotic Latin Rhythms and easy-to-follow moves to create a one-of-a-kind adventure for young adults thru seniors (age 15 and above) at the Ericksen Community Center, Youth Room. Zumba has one simple rule...to help you LOVE working out.

The 7 week program is from 5:30-6:30 pm on Mondays & Wednesdays from March 6 thru April 19 or Tuesdays and Thursdays from March 7 thru April 20. The registration period is now thru March 2, 2017 with a participant fee of \$35. After that date, the late registration fee will be \$42.00 (if availability permits). A ten day punch pass is also available for \$40.00 which can be used for any Zumba class or visit to the Universal Fitness Area (weight room). Classes are limited to 10 minimum and 40 maximum. Classes are taught by Tiffany Harris, certified Zumba Instructor.

Registration forms are available online and registrations can be made at the Ericksen Community Center or online at www.cityofclintoniowa.us. For further information, please phone the Parks and Recreation Department Administrative Office at 243-1260.

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